

JOURNAL OF HEALTH SCIENCES (FBU-JOHS) SUBMISSION GUIDELINE

A. Preparation of the Article Application

Authors must follow the rules specified in the Manuscripts. Applications that do not comply with these rules are returned to the authors without being evaluated by the referees.

Information on the articles to be submitted for publication and their appendices are listed below:

1. Application Letter

In this letter, it should be stated that the manuscript has been read and approved by all authors and it is the product of an original work. It should be stated whether there is a conflict of interest with any author, institution, or organization.

2. Ethics Committee Approval Certificate (*If necessary, it should be attached as a separate file for research articles.*)

The file which has the information of Ethics Committee Permission and Similarity Score should be uploaded to the system. The number and date of the Ethics Committee Permission should be stated in the text.

3. Title Page (*Identity information of the Author(s) must be added as a separate file.*)

The name of the article, the name of the author, the institution with which he/she is affiliated, the city and country he/she lives in, the e-mail address, and the ORCID number should be submitted as a single MS Word file as the **Title Page**. In multi-author articles, the identity information of all authors should be specified separately on the **Title Page**.

Title of the Article (Turkish and English): It should be 11 font size and bold.

3.2. Authors' Contributions (*It should be filled even if there is one author.*)

The contribution rate of the researchers should be stated on the title page. The initials of the authors' names and surnames should be given, and the contributions of the authors should be indicated in the sections Topic selection, Design, Planning, Data Collection, Data Analysis, Article writing, and Critical review. This part should be added to the **title page and not included in the main text**.

Example:

Topic selection: FY, SD; Design: FY, SD; Planning: FY, SD; Data collection: SD; Data analysis: SD, FY; Article writing: SD, FY; Critical review: FY, SD.

3.3. Conflict of Interest

It should be filled even if there is only one author. Authors should state whether there is a conflict of interest with any institution or organization.

Example:

Evaluation of the Fear of COVID-19 and State-Trait Anxiety Levels of Parents Taking Their Child to Hospital with Suspected COVID-19

COVID-19 Şüphesi ile Çocuğunu Hastaneye Getiren Ebeveynlerin COVID-19 Korkusu ve Durumluk- Sürekli Kaygı Düzeylerinin Belirlenmesi

Name SURNAME¹

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ORCID:

email:

Communication Information: Address and Phone no.

Corresponding Author:

Authors' Contributions:

Topic selection: FY, SD; Design: FY, SD; Planning: FY, SD; Data collection: SD; Data analysis: SD, FY; Article writing: SD, FY; Critical review: FY, SD. (This part should be added to the **title page and not included in the main text.**)

Conflict of Interest:

Example: There is no conflict of interest between the authors.

In addition, 280-character messages are shared on the social media accounts of our journal (Twitter and LinkedIn) in order to reach large audiences and increase the number of citations of the articles published. For these reasons, we expect you to prepare a 280-character message about your social media addresses (if any) and indicate how you want your article to be shared on social media and add this message to the Title Page. In these aforementioned messages, we will mention you by adding your social media address (if any) to the message.

3.4. Acknowledgments and Explanations

At the end of the Title Page the following information must be given:

- If there are people or institutions that contributed to the research, for example, "Supported by TÜBİTAK [grant numbers xxxx, yyyy]".
- If the article sent for publication is an article produced from a paper or thesis whose summary has been presented elsewhere but has not been published as a full text, it should be given as "Explanation."

4. Article Text

The sections specified in 4.1 through 4.5 below should be included in the template in accordance with the journal rules in the given order.

All headings in the main text (such as introduction, method, findings, discussion, and conclusion) should be numbered sequentially (1., 2., 3., ...) and hierarchically (1.1, 1.1.1, 1.1.2, 1.2, etc.). This numbering should also be used for internal cross-references (as mentioned in section 1.3, etc.). Each heading should appear on a separate line, one line space must be left before it.

- The language of the articles sent for publication can be either Turkish or English.
- Manuscripts should not exceed 6000 words in research articles, 4000 words in reviews, and 3000 words in case reports, excluding abstracts, figures and tables, footnotes, and references.
- In addition, all article text should comply with the format specified below:
 - The text of the article should be in MS Word format in A4 (vertical), single column and page margins should be **2.5 cm**. The text should be written in **Arial font style and font size 10, align the text to both left and right margins**. Line spacing should be 1.5 in the main text and 1 in the abstract, endnotes, and bibliography sections.
 - Automatic 6 pt. before and after the paragraph, space must be added.
 - No indentation should be made at the beginning of the paragraph line.
 - Article title, all headings should be **bold and dark blue**; subheadings should be normal, *italic*, and dark blue.
 - All pages should be numbered consecutively, starting with the title and abstract page.
 - In addition, no special formal arrangements should be made.

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RGB / R:31 G:56 B:100, #1F3864

Example:

1. Method

1.1. Purpose of the research

- If the **data collection tools** will be given as a sub-title, attention should be paid to the numbering.

Example:

1. Yöntem / Method

1.1. Data Collection and Data Tools

1.1.1. Sociodemographic Information Form

- All pages should be numbered consecutively, starting with the title and abstract page. Moreover, no special formal arrangements should be made.

4.1 Title of the Article, Abstract and Keywords (Turkish and English)

- The title of the article; an unstructured (in a single paragraph, without subheadings of purpose, method, findings, and conclusion) between 150-200 words (abstract) describing the purpose, scope, and main results of the research; there should be 3-5 keywords under the abstract.
- English keywords should be selected from **Medical Search Heading (MesH)**,
- Turkish keywords should be selected from **Türkiye Bilim Terimleri (<http://www.bilimterimleri.com/>)**.
- References, figures, table numbers, and footnotes should not be used in the abstract.
- Keywords should be written in **alphabetical order** and be separated by **commas**.
- Title, abstract, and keywords should be given to all articles in both languages, first in Turkish and then in English for Turkish articles, and first in English and then Turkish for English articles.

4.2. Tables

- Tables should be numbered according to their order in the text.
- Tables will be created as their content requires; the table number will be left aligned, in bold at the top, and the table name will be written next to it. The table title can start with a capital letter or only the initials can be capitalized. However, it should be consistent within the text. Example:

Table 1. Katılımcıların demografik bilgileri / **Table 1.** Katılımcıların Demografik Bilgileri

- The divided table must have a title.
- Notes section will be written in italics and with 8 font size under the table.
- Tables should be referenced in the text.
- Fractional numbers should be shown using commas (,) in Turkish texts and dots (.) in English texts.
- Tables should not have vertical borders; horizontal borders should be used at the top and bottom or to separate table sections.

Example:

Table 1. Sociodemographic Features

Variables	n	%	
Gender	Woman	106	68.8
	Male	48	31.2
Age group	20-45 years old	87	56.5
	46 years and older	67	43.5
Education status	Primary school	60	39.0
	Middle School	40	26.0
	High school	40	26.0
	University	14	9.0

n = Number, %= Percent

4.3. Figures and Visuals

- Figures (pictures, drawings, plans, maps, graphics, photographs, etc.) should be numbered according to their order in the text. Figures will be centered on the page, the figure number will be left-justified at the bottom, in bold, and the figure name will be written next to it. The citation will be the same as the in-text citation.
- Symbols, abbreviations, and definitions must conform to the international system of units (SI). If there are units other than these, their equivalent(s) should be given in SI.
- Abbreviations should be defined in parentheses after their first occurrence in the text. It should be ensured that abbreviations are consistent throughout the article.
- In mathematical representations, options that will facilitate equations, typesetting, and notation marks should be preferred. Equation numbers should be numbered consecutively in parentheses on the right.
- All tables and figures (pictures, drawings, plans, maps, graphics, photographs, etc.) should be placed in the text of the article (in MS Word file) in low resolution with their explanations.
- All these images should be sent separately, in print quality, with 300dpi resolution and with a short edge of at least 10 cm. Drawings and tables must be legible when reduced to size. Drawings and tables should be sent in PDF format if created using Word format or other programs, or tiff/jpeg format suitable for printing and readable when reduced.

4.4 References / Endnotes

- References are used to give additional information about the discussion in the text and to make secondary elaborations.
- References in the text should be kept to a minimum. References are marked as [1], [2], [3] with numbers in square brackets at the end of the relevant sentence in the text according to their order of appearance.
- References are placed before the Bibliography at the end of the text, in accordance with the order specified in the text.
- While listing the references at the end of the text, numbers 1., 2., 3., etc. should be used without square brackets.
- Sources mentioned in references are shown in the same way as in-text references.

4.5. Citations

- Please be sure to use direct quotations in the text and not to exceed a certain percentage in the whole text. APA Style (<https://apastyle.apa.org/style-grammar-guidelines/citations/quotations>) should be used for in-text citations.
- Quotations less than 40 words should be shown in double-quotes, provided that the source is cited. Double quotes are not used in block citations of more than 40 words.
- The block quote is started as a paragraph 1 cm indented from the left and written in 9 points. The source is indicated at the end of the quote.
- In quotations, omissions in the original text are indicated with three dots and the author's own views are enclosed in square brackets.

5. References

5.1. In-text references

For in-text references, the American Psychiatric Association References-APA Style **7th edition** (<https://apastyle.apa.org/style-grammar-/citations>) should be used.

Examples:

Foucault'nun (1991) iddia ettiği gibi...

Genel tarih ... olarak ortaya çıkar (Foucault, 1991).

Two authors: Salas and D'Agostino (2020) described..... / End of the sentence: (Salas & D'Agostino, 2020)

Three and more authors: (Öztürk ve ark., 2022) / (Öztürk et al., 2022)

- If more than one source will be used in a sentence, sources should be listed alphabetically.

Example:

(Duan and Zhu, 2020; Gloster et al., 2020; Loades et al., 2020; Xiao, 2019; Wang et al., 2018)

- If the group name is used for the first time in a citation, its abbreviation is used in square brackets, followed by a comma and year.

Example:

(American Psychological Association [APA], 2017)

5.2. References (APA, 2020)

The APA Style reference formatting should be used in bibliography and in-text references. More detailed information for **APA 7th Edition** reference formatting, some examples of which are given below, can be found at <https://apastyle.apa.org>.

- The references should be at the end of the text. Every reference cited in the text should be present in the bibliography. Likewise, every reference mentioned in the bibliography should have in-text citations.
- References are listed in alphabetical order by authors' names and in chronological order for each author.

Examples:

Book:

Author, A. A., & Author, B. B. (Year). Title of the book (edition number). Publisher Name.

- Brown, L. S. (2018). Feminist therapy (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000092-000>
- Burgess, R. (2019). Rethinking global health: Frameworks of power. Routledge.

Edited Book Chapter:

- Balsam, K. F., Martell, C. R., Jones, K. P., & Safren, S. A. (2019). Affirmative cognitive behavior therapy with sexual and gender minority people. In G. Y. Iwamasa & P. A. Hays (Eds.), *Culturally responsive cognitive behavior therapy: Practice and supervision* (2nd ed., pp. 287–314). American Psychological Association. <https://doi.org/10.1037/0000119-%20012>
- Weinstock, R., Leong, G. B., & Silva, J. A. (2003). Defining forensic psychiatry: Roles and responsibilities. In R. Rosner (Ed.), *Principles and practice of forensic psychiatry* (2nd ed., pp. 7–13). CRC Press.

Periodicals / Journal Article:

Author, A. A., & Author, B. B. (Year). Title of article. Title of Periodical, 34(2), 5–14. <https://doi.org/10.000/000000>

- McCauley, S. M., & Christiansen, M. H. (2019). Language learning as language use: A cross-linguistic model of child language development. *Psychological Review*, 126(1), 1–51. <https://doi.org/10.1037/rev0000126>
- Ahmann, E., Tuttle, L. J., Saviat, M., & Wright, S. D. (2018). A descriptive review of ADHD coaching research: Implications for college students. *Journal of Postsecondary Education and Disability*, 31(1), 17–39. <https://www.ahad.org/professionalresources/publications/jped/archived-jped/jped-volume-31>
- Anderson, M. (2018). Getting consistent with consequences. *Educational Leadership*, 76(1), 26–33.
- Burin, D., Kilteni, K., Rabuffetti, M., Slater, M., & Pia, L. (2019). Body ownership increases the interference between observed and executed movements. *PLOS ONE*, 14(1), Article e0209899. <https://doi.org/10.1371/journal.pone.0209899>

Editorial Letter

- Cuellar, N. G. (2016). Study abroad programs [Editorial]. *Journal of Transcultural Nursing*, 27(3), 209. <https://doi.org/10.1177/1043659616638722>

Conference and Congress Presentations:

Author, A. A., & Author, B. B. (Year). Title of contribution [Paper / Poster Presentation]. Conference Name, Location.

- Maddox, S., Hurling, J., Stewart, E., & Edwards, A. (2016, March 30–April 2). If mama ain't happy, nobody's happy: The effect of parental depression on mood dysregulation in children [Paper presentation]. Southeastern Psychological Association 62nd Annual Meeting, New Orleans, LA, United States.
- Pearson, J. (2018, September 27–30). Fat talk and its effects on state-based body image in women [Poster presentation]. Australian Psychological Society Congress, Sydney, NSW, Australia. <http://bit.ly/2XGStHP>

Dissertations and Theses:

Author, A. A. (2016). Title of dissertation [Unpublished doctoral dissertation / master's thesis]. Name of Institution Awarding the Degree.

- Harris, L. (2014). Instructional leadership perceptions and practices of elementary school leaders [Unpublished doctoral dissertation]. University of Virginia.

Dissertation or thesis from a database:

- Hollander, M. M. (2017). Resistance to authority: Methodological innovations and new lessons from the Milgram experiment (Publication No. 10289373) [Doctoral dissertation, University of Wisconsin–Madison]. ProQuest Dissertations and Theses Global.

Website:

Author, A. A. (2013). Title of work. Site Name. Retrieved December 22, 2020, from <https://xxxxx>

- The BBC (2022). <http://www.bbc.co.uk>
- Avramova, N. (2019, January 3). The secret to a long, happy, healthy life? Think age-positive. CNN. <https://www.cnn.com/2019/01/03/health/respect-towardelderly-leads-to-long-life-intl/index.html>
- Centers for Disease Control and Prevention. (2018, January 23). People at high risk of developing flu-related complications. https://www.cdc.gov/flu/about/disease/high_risk.htm
- Boddy, J., Neumann, T., Jennings, S., Morrow, V., Alderson, P., Rees, R., & Gibson, W. (n.d.). Ethics principles. The Research Ethics Guidebook: A Resource for Social Scientists. <http://www.ethicsguidebook.ac.uk/EthicsPrinciples>